GUIDELINES FOR WHEN YOUR CHILD IS SICK

The following are some guidelines for determining whether or not to send your child to school. **If you answer YES to any of these, you should keep your child at home for comfort and close monitoring:**

* Student has a fever of 100 degrees F or higher
* Student vomits at home after school, during the night or in the morning - should be

observed for 24 hours at home

* A diagnosis of strep throat – child needs to remain at home until he/she has been on antibiotics for a full 24 hours
* Student has unusual bowel movements: more frequent, loose, more watery than usual or persistent diarrhea during the day or night – child should be observed at home for 24 hours
* Student has a frequent cough which is not controlled and chest congestion
* Nasal drainage with colored mucus, tugging on one or both ears, breathing is difficult due to nasal stuffiness or drainage
* Student is rubbing one or both eyes, eye is reddened and draining a thick mucus that sticks to eyelashes and eyelids
* Student has an unusual rash which may or may not be itchy, may have areas of cracked skin that are bleeding
* Student has vesicles (bumps) with fluid or exposed open sores that cannot be covered (such as on the mouth or lips)

**Please contact the school nurse if your child as a communicable disease such as: head lice, chicken pox, measles, TB, ringworm, impetigo, strep throat, fifth disease, scabies, etc.**

Your child is ready to return to his/her school when:

* Temperature is below 100 degrees F without fever-reducing medication for 24 hours
* No vomiting for 24 hours and he/she is eating a usual diet for age
* Bowel movements are of usual frequency and appearance and diet is usual for age for 24 hours
* Cough is seldom or not at all
* Nasal drainage is clear, only occasional, and breathing normal, no longer tugging at ear, slept well
* No thick eye discharge reappears after proper face washing or you contacted a doctor for evaluation and student is not contagious
* Rash faded away or you contacted a doctor for evaluation and student is not contagious; bleeding has stopped or areas may be covered completely
* Bumps have resolved/dried up and/or you have a note from a PCP and/or school physician

If any of the above symptoms occur during school hours, you may be called to dismiss your child early. \*Please be sure that anyone named on your Emergency Contact List is readily available and able to pick up the student within ½ hour of notification.